


# LUNCH - WEEK ONE MENU



|           | MAIN 1   | MAIN 2   | MAIN 3   | Soup             | STARCHY                                  | VEGETABLE             | DESSERT               |
|-----------|--|--|--|------------------|--|-----------------------|-----------------------|
| MONDAY    | Southern fried chicken wrap  | <br>Meat feast Pizza                  | <br>Vegetable supreme pizza           | Minted Pea       | Seasoned Fries                           | Salad Bar             | Chocolate Marble Cake |
| TUESDAY   | <br>Caribbean Beach Shack Chicken | <br>Peppercorn Ground Beef and Potato | <br>Five Bean Enchiladas              | Carrot Coriander | Coconut Rice                             | Jewelled Vegetables   | Baked Cherry Tart     |
| WEDNESDAY | Hot Roasted Chicken Baguette   | <br>Spicy Beef Quesadilla           | Roasted Sweet Potato Tacos with a Sriracha Sauce   | Chicken Noodle   | Roasted Garlic and Chilli Sauté Potatoes | Pickled Slaw          | Jam Bun Cookies       |
| THURSDAY  | Sweet Chilli Chicken Bites   | <br>Kashmiri Beef Kati Roll         | <br>Pink City Beetroot Shami Burger | Cream of Tomato  | Cajun Baked Wedges                       | Baked Beans Sweetcorn | Churros               |
| FRIDAY    | <br>Doner Kebab and Salad       | <br>Chilli Beef nachos              | <br>Quorn Nachos                    | Spring Vegetable | Stuff Jackets                            | Salad Bar             | Mini Warm Doughnuts   |

## COMING SOON

**HEALTH & WELLBEING AWARENESS  
WORLD VEGETARIAN DAY**

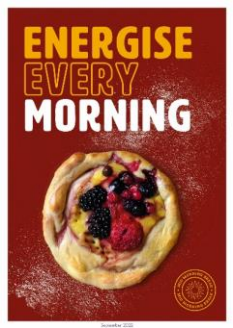


World Vegetarian Day is on Saturday 1st October!

- Vegetarian diets are naturally low in saturated fat and cholesterol and high in fibre.
- Good sources of iron for vegetarians include: eggs, pulses, dried fruit and dark green vegetables.
- Eating a vegetarian diet is a great way to play your part in fighting climate change - in one year, you could save the same amount of emissions as a family taking a small car off the road for a month!

## SPECIALS

**Available Daily:**  
Hot jacket potatoes  
with a selection of  
fillings, freshly made  
sandwiches, yoghurt  
with granola, fruit  
juice & bottled  
mineral water



**Mid Morning Break!**  
Come try our exciting new  
break time food & beat  
breaktime boredom!

### SEASONAL KITCHEN

- Sept**  
Carrots
- Oct**  
Apples
- Nov**  
Swede
- Dec**  
Cranberries







### Food Allergies & Intolerance

If you require information on allergens or suffer from a food intolerance please speak to a team member before you order your food or drinks.

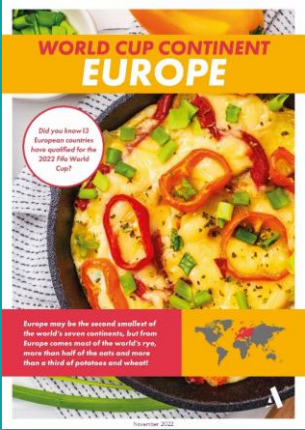


# LUNCH - WEEK TWO MENU



|           | MAIN 1  | MAIN 2   | MAIN 3   | SOUP              | STARCHY                                     | VEGETABLE                   | DESSERT                          |
|-----------|---|--|--|-------------------|---|-----------------------------|----------------------------------|
| MONDAY    | Beef Burger   | Slow cooked BBQ Chicken Sliders<br>(ADD THE CLUCK SHOP LOGO)   | <br>Veggie Doner kebab                      | Tomato and Pasta  | Pri Pri Fries                               | Mixed Salad                 | Chocolate Banana Muffins         |
| TUESDAY   | Chicken Lasagne   | <br>Spicy Mexican Beef Burrito                    | Fire Smoked Red pPepper Chick Pea Curry  | Red Lentil        | Garlic Bread Or Savoury Rice                | Broccoli                    | Empire Biscuits                  |
| WEDNESDAY | Honey roasted Gammon, with all the trimmings                    | <br>Shredded Chicken with Sweet Chill Vegetable | Oriental Veggie Noodle Stir Fry  | Potato and Cheese | Oriental noodle or Garlic rosemary Potatoes | Roasted carrots Green Beans | Crumble of the day               |
| THURSDAY  | Blackened Cajun Chicken Flat Bread With a choice of House Sauce | Homemade Fish Cakes  | <br>Roasted vegetable and feta pasta Bake | Spring Vegetable  | seasoned Wedges or loaded Wedges            | Rainbow Slaw                | Millionaires Shortbread          |
| FRIDAY    | Sticky Chinese Stir fry   | <br>Jamaican Road shack Jerk Chicken            | <br>Homemade Falafel Wrap                 | Chicken Noodle    | Special fried Rice                          | House Slaw                  | Homemade Chocolate Fudge Brownie |

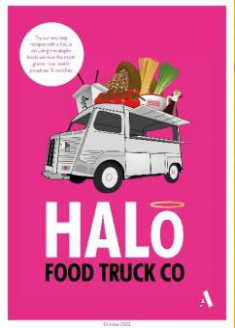
## COMING SOON



WORLD CUP CONTINENT  
FOOD TOUR

## SPECIALS

*Available Daily:*  
**Hot jacket potatoes  
with a selection of  
fillings, freshly made  
sandwiches, yoghurt  
with granola, fruit  
juice & bottled  
mineral water**



*Throughout October*  
Come & enjoy our delicious  
Halo Food Truck Co food

## SEASONAL KITCHEN

- Sept Carrots
- Oct Apples
- Nov Swede
- Dec Cranberries






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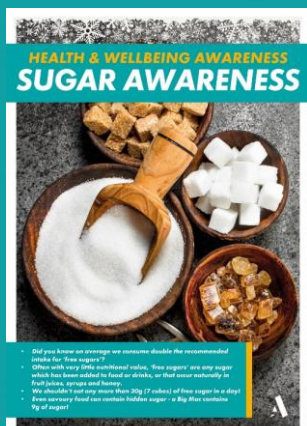


# LUNCH - WEEK THREE MENU



|           | MAIN 1  | MAIN 2  | MAIN 3  | Soup                     | STARCHY                  | VEGETABLE                  | DESSERT                                      |
|-----------|---|---|---|--------------------------|--------------------------|----------------------------|--|
| MONDAY    | Burger she Wrote Classic Chicken Burger with iceberg & Mayo | Homemade Fish Goujons with a Garlic Mayo  | Spicy Veggie Goujons with Garlic Mayo   | Spring Vegetable         | House Fries              | Minted Peas                | Iced Buns                                    |
| TUESDAY   | Hunters Chicken   | <br>Malacca City Aromatic Beef Noodles             | Spanish Mixed Bean Rice   | Minted Pea               | Rainbow Rice             | Sweetcorn                  | Orange drizzle cake, custard                 |
| WEDNESDAY | Roast chicken, sage and onion stuffing and gravy            | <br>BBQ Pulled Pork Wrap                         | Roasted pepper & tomato pasta   | Curry vegetable & potato | Roast potatoes           | Broccoli Green beans       | Warm Butternut & raisin Flapjack             |
| THURSDAY  | Mango Lime Chicken  | Meatball Marina Sub   | <br>Pasta Primavera      | Creamy Chicken           | Potato Wedges            | Roast Carrots Rainbow Slaw | Chocolate & Orange Sponge, Chocolate Custard |
| FRIDAY    | Sticky BBQ Chicken Wings                                    | <br>Guangdong Province Chilli Fried Pork Noodles | <br>Curried Sate Noodles | Tomato                   | Oriental Noodles or Rice | Broccoli                   | Spiced plum crumble and custard              |

## COMING SOON



**SUGAR AWARENESS  
DECEMBER**

## SPECIALS

**Available Daily:**  
Hot jacket potatoes with a selection of fillings, freshly made sandwiches, yoghurt with granola, fruit juice & bottled mineral water



**Throughout December**  
Come try our special range of tasty wraps!

## SEASONAL KITCHEN

**Sept**  
Carrots  
**Oct**  
Apples  
**Nov**  
Swede  
**Dec**  
Cranberries

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