

Y7 Transition Booklet



NAME:

FORM TEACHER:



Y7 Transition Booklet

On your journey to starting year 7 in our school mark out some key life events that you would like to share with us. What things hand stood out to you?

Year 1 in Primary school



Starting Year 7

Y7 Transition Booklet

What do I know about my secondary school?

Take a look at the school website and see if you can find the following

| | |
|--|--|
| Who is your form tutor and what subject do they teach? | |
| Who is your Head of School? | |
| Who are the members of the Safeguarding Team? | |
| What is the address for the school? | |
| What time does school start and finish at? | |
| What confidential portal do we use for students to submit worries, concerns or issues? | |
| What different student leadership opportunities are there and how do I apply? <i>Which one might you apply for?</i> | |
| How many different subjects will you learn over a fortnight? <i>Which one are you most looking forward to?</i> | |



Y7 Transition Booklet

Moving to your new school

- List 4 things you are most excited about moving to Orsett Heath Academy
 - 1.
 - 2.
 - 3.
 - 4.
- List 4 things you are a little worried/nervous about
 - 1.
 - 2.
 - 3.
 - 4.
- List 4 things you would like to know about Orsett Heath Academy
 - 1.
 - 2.
 - 3.
- List 4 things that will help you when moving to Orsett Heath Academy
 - 1.
 - 2.
 - 3.
 - 4.
- List 4 differences between your primary school and Orsett Heath Academy
 - 1.
 - 2.
 - 3.
 - 4.



Y7 Transition Booklet

Subjects at your new school

Find the subjects below in the Word search – they are vertical, horizontal and diagonal!

| | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| E | R | E | E | N | S | W | B | I | X | C | I | W | N | X | D | Z | A | R | T |
| Z | N | R | N | Z | U | U | C | S | H | R | L | A | R | S | W | L | O | W | G |
| X | L | Q | Y | Z | X | J | O | G | T | W | R | V | D | Y | O | E | A | Y | H |
| X | H | X | H | P | F | R | E | I | W | Q | E | I | X | L | P | F | P | Z | Z |
| Q | Y | N | W | R | L | O | F | R | G | P | A | L | J | B | W | M | K | W | J |
| E | X | Q | E | H | G | V | B | I | J | I | L | S | X | M | D | X | N | J | H |
| I | X | N | I | R | J | I | I | E | W | W | L | X | H | E | H | R | I | M | Q |
| D | C | U | A | W | D | U | M | W | E | W | A | E | K | S | N | J | I | L | S |
| H | W | P | S | V | X | I | H | G | R | K | J | L | R | S | R | G | P | K | U |
| A | H | S | C | I | E | N | C | E | A | C | B | G | H | A | O | R | M | Y | R |
| Y | K | W | D | K | P | G | G | L | N | Q | X | G | U | Y | T | W | A | Z | J |
| G | N | I | T | U | P | M | O | C | C | H | Z | H | W | K | U | D | Y | V | Z |
| A | B | E | G | O | D | A | X | J | V | B | I | V | S | H | T | A | M | S | K |
| M | M | F | U | W | N | H | J | Y | X | P | H | S | S | Q | S | S | R | T | O |
| Q | V | A | Y | T | E | Y | O | B | Z | Q | J | I | T | I | F | B | A | T | D |
| X | X | C | R | H | C | L | H | S | G | H | L | G | U | O | E | J | U | E | A |
| A | C | Q | A | D | H | Z | F | Q | R | G | I | W | D | M | R | B | K | E | O |
| M | X | R | F | F | A | Z | V | I | N | D | I | U | I | P | W | Y | Q | R | O |
| O | G | Z | P | P | Q | J | X | E | N | W | B | T | E | Y | L | Z | H | V | B |
| O | O | L | M | W | I | D | M | Y | W | L | F | D | S | M | G | T | R | T | F |



Maths
English
Science
Geography
History
Art
PE

Drama
Computing
Religious Studies
French
Assembly
Tutor Time

Y7 Transition Booklet

Getting to Secondary School

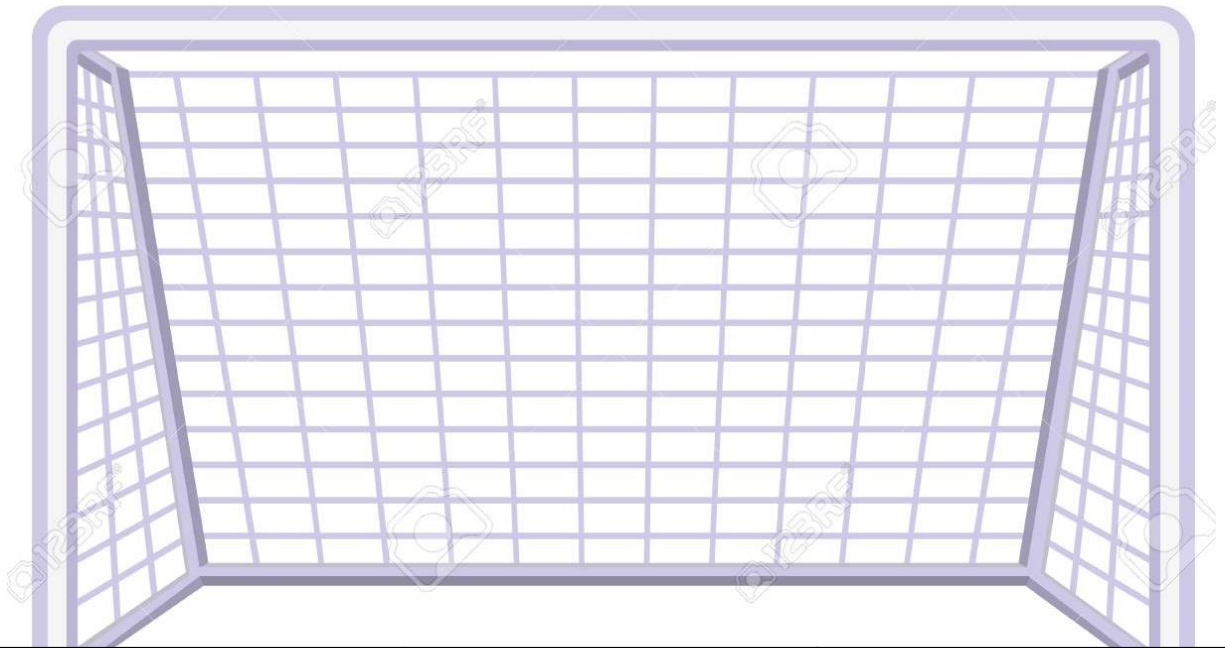
Getting to Orsett Heath safely is just as important as being there. In the box below, draw the route you are going to take to school (whether that's walking, cycling, driving or by bus). Identify spots where there could be hazards (e.g. busy roads) and explain how you will manage this safely!



Y7 Transition Booklet

My Goals for Secondary School

When you go to Secondary School, you will learn a huge number of new skills, and improve skills you have practiced in Primary School. In the goal below, use the list to write in 10 new skills or things you'd like to build on in your years at Secondary School.



| | | |
|--|----------------------------------|---|
| Be in a school play or production | Speak another language | Represent your school in a national competition |
| Learn to play a musical instrument | Volunteer in the local community | Travel to another country |
| Play for a school team | Learn how to survive in the wild | Be a student leader and join a leadership team |
| Learn how to manage money | Taste food from another country | Improve your teamwork skills |
| Cook a new meal from scratch | Read new books | Have an active say on the future of your school |
| Create a piece of art | Raise money for charity | Become Head Boy or Girl |
| Learn how to read a map | Join an after school club | Learn to dance |
| Use computers to create your own website | Learn First Aid | Improve your singing |
| Make new friends from other schools | Work as part of a team | Try camping |

Y7 Transition Booklet

Beyond Secondary School

After secondary school, you can move onto college or an apprenticeship and then to University or into a job! It's normal not to know what you want to do yet but this is a chance for you to have a think about your dream jobs!

| | |
|--|-------------------------------------|
| <p>Job:</p> <p>Key Skills:</p> <p>Subjects to Study:</p> | <p>Icons to represent that job:</p> |
|--|-------------------------------------|

| | |
|--|-------------------------------------|
| <p>Job:</p> <p>Key Skills:</p> <p>Subjects to Study:</p> | <p>Icons to represent that job:</p> |
|--|-------------------------------------|

| | |
|--|-------------------------------------|
| <p>Job:</p> <p>Key Skills:</p> <p>Subjects to Study:</p> | <p>Icons to represent that job:</p> |
|--|-------------------------------------|

Y7 Transition Booklet

5 a Day Transition Activities!

See how much you can complete in one week and send your activities or pictures to transition@oha.swecet.org. You may want to create a PPT to show us your journey!

| | Preparation for Secondary School | Developing Self Confidence and Wellbeing | Subject Knowledge | Staying Active |
|-----------|---|--|---|---|
| Monday | On your daily walk today, walk from your home to school and back, or look up what bus you will need to catch and the time | What are three things you are confident about with yourself and your learning? | English: Write a short descriptive story about how you imagine your first day at OHA to be | Mini Workout: 25 sit ups 25 star jumps 1 minute jogging 25 press ups 25 squats |
| Tuesday | Ask a family member about how they felt when they transitioned to secondary school. | What are two things you would like to improve about yourself and your learning when you join us? | Maths: Recall the times tables for 3, 6 and 9. draw 4 pizzas cut into 8 slices, then shade the number of slices that represent the following fractions $\frac{1}{4}$, $\frac{1}{2}$, $\frac{3}{8}$, $\frac{5}{8}$ | Mini Workout: 25 burpees 25 jumping jacks 1 minute skipping 25 bicycle crunches 25 high knees |
| Wednesday | What should you do if you are not going to be in school? Who should you contact at school? | Which subjects are you excited to study when you join us? | Science: Research about animal and plant cells. What do they look like? What's inside them? What do the different parts do? How are they similar or different? | Mini Workout: 25 squat jumps 25 lunges 1 minute plank 25 high knees 25 sit ups |
| Thursday | What is the school's expectation for attendance? | What are three hobbies or interests you have that you could discuss with a new friend? | MFL: If you have access to the internet, download the Duolingo app. Start learning French! | Mini Workout: 25 press ups 25 high kicks 1 minute mountain climbers 25 bicycle crunches 25 high knees |
| Friday | Write down your morning routine for when you join OHA. For example, set my alarm for 7.15am | What three qualities would make you a great new friend to have to someone from another primary? | Drama: Practice by using a mirror, different facial expressions and emotions such as happy, sad, frightened, confused, embarrassed and confident | Mini Workout: 25 bunny hops 25 star jumps 1 minute climb 25 sit ups 2 minutes jogging |